



200-hour Teacher Training Application

Start Date of Course: _____

Name _____

Address _____

City, State Zip _____

Phone Numbers - Main _____

Alternate _____

Email _____

Date of Birth _____

Occupation _____

High School Education

Name, City, State _____

Graduation Date _____

or GED Date _____

College Education

Name, City, State _____

Dates Attended _____

Degree Earned _____

How did you hear about the College of *Purna Yoga*™? _____

How would you rate your overall health? _____

Do you have any current medical conditions? _____

Please answer the following questions on separate paper (typed, no more than 2 sheets total please):

1. What styles of yoga and meditation have you done and for how long? Which teachers have most inspired you?
2. Briefly describe your current yoga and meditation practice. Include you current challenges and breakthroughs.
3. Have you taken any courses in Purna Yoga? If so, which one(s)?
4. Have you done a yoga teacher training course before? If so, which one(s)?
5. Do you currently teach yoga? If so, please describe your teaching style and purpose. If not, why do you wish to teach yoga?
6. What are your expectations of the program? What do you hope to learn?

Thank you!

Submitting Your Application

Courses do fill, so we recommend you apply as early as possible. Send your completed application to:

Embody Yoga & Physical Therapy Centers
 5632 La Jolla Boulevard
 San Diego, CA 92037

Include:

- Application (this 2-page document)
- Your typed answers to the questions above
- Your \$100 Registration Fee

Tuition and Fees

<u>Early Bird Tuition</u> (if paid in full 5 weeks in advance)		<u>Regular Tuition</u> (paid in full one week in advance)	
\$ 100	Registration Fee - due with application	\$ 100	Registration Fee - due with application
\$ 2,395	Early Bird Tuition Payment - due 5 weeks in advance	\$ 2,895	Tuition Payment - due 1 week in advance
\$ 2,495	TOTAL	\$ 2,995	TOTAL

What Happens Next?

We will contact you by email within 3 weeks to confirm your enrollment. In order to receive the Early Bird discount, your tuition balance must be paid in full within 5 weeks of the start of your course. For the regular tuition, your tuition balance must be paid within one week of the start of your course.